

First Lutheran Church
Second Sunday after Pentecost
June 23, 2019

Welcome to worship! Our Liturgy begins on Page 28 of the Blue Book-*With One Voice*. Hymns are in the red Hymnals.

Prayer of the Day

O Lord God, we bring before you the cries of a sorrowing world. In your mercy set us free from the chains that bind us, and defend us from everything that is evil, through Jesus Christ, our Savior and Lord. **Amen**

First Reading: 1 Kings 19:1-4 [5-7] 8-15a

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow." Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there. But he himself went a day's journey into the wilderness and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." [Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."] He got up and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave and spent the night there. Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" ¹He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the LORD said to him, "Go, return on your way to the wilderness of Damascus."

L: Word of God, word of love. A: Thanks be to God

Psalm 42-43

As the deer longs | for the water-brooks,
so longs my soul for | you, O God.

**I thirst for God, for the | living God;
when shall I come to appear before the pres- | ence of God?**

My tears have been my food | day and night,
while all day long they say to me, “Where now | is your God?”

**I pour out my soul when I think | on these things;
how I went with the multitude and led them into the house of God, with shouts of
thanksgiving, among those | keeping festival.**

Why are you so full of heaviness, O my soul, and why are you so disquiet- | ed within me?
Put your trust in God, for I will yet give thanks to the one who is my help | and my God.

**My soul is heav- | y within me; therefore, I will remember you from the land of Jordan, and
from the peak of Mizar among the | heights of Hermon.**

One deep calls to another in the roar of | your cascades; all your rapids and floods have
gone | over me.

**The LORD grants lovingkindness | in the daytime;
in the night season the LORD’s song is with me, a prayer to the God | of my life.**

I will say to the God of my strength, “Why have you re- | jected me,
and why do I wander in such gloom while the enemy op- | presses me?”

**While my bones are being broken, my enemies mock me | to my face;
all day long they mock me and say to me, “Where now | is your God?”**

Why are you so full of heaviness, O my soul, and why are you so disquiet- | ed within me?
Put your trust in God, for I will yet give thanks to the one who is my help | and my God.

**Give judgment for me, O God, and defend my cause against an un- | godly people; deliver
me from the deceitful | and the wicked.**

For you are the God of my strength; why have you re- | jected me,
and why do I wander in such gloom while the enemy op- | presses me?

**Send out your light and your truth, that | they may lead me,
and bring me to your holy hill and to your | sanctuary;**

that I may go to the altar of God, to the God of my | joy and gladness;
and on the harp I will give thanks to you, O | God my God.

**Why are you so full of heaviness, O my soul, and why are you so disquiet- | ed within me?
.Put your trust in God, for I will yet give thanks to the one who is my help | and my God.**

Second Reading: Galatians 3:23-29

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore, the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

L: Word of God, word of love. A: Thanks be to God

Gospel: Luke 8:26-39

Then [Jesus and his disciples] arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time, he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me"—for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss. Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So, he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So, he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So, he went away, proclaiming throughout the city how much Jesus had done for him.

The Gospel of the Lord. **Thanks be to God.**

Liturgy continues Page 33.

The Altar Flowers are given to the Glory of God and in loving memory of Paul Hartshorn Sr. and Wilma & Billy Dancik from Barbara & Prudence Hartshorn and Susan & Richard Bahman.

Worship Assistants June 23, 2019

Acolyte: Amber Hunt

Communion Assistants: Karen Carnes, Pam Anderson, Eleanor Bashian and Martin Hunt

Lector: Gary Prahm

Ushers: Mark Nelson and Kris Chalke

Greeters: Nettie Johnson & Janet Mohre

Prevention Tellers (BIC): Kris Chalke

Fellowship Team #8: Janet Mohre, Pam Anderson, Gail Nickerson & Carol Albrecht

Pastor Peter Hébert

Janet Stolzer, Parish Administrator

Roger Castellani and John Jannis, Liturgical Musicians

Tom Sturtevant, Sexton

1663A Main Street

West Barnstable, MA 02668

Phone 508-362-3161

Email – Office@FirstCapeCod.org

Pastor@FirstCapeCod.org (Pastor Only)

www.flccapecod.org

The QR code is a term that stands for Quick Response **Code**. **QR codes** like the one on the left are square barcodes (two-dimensional barcodes) that store information in a machine-readable optical label. An Android user can use the QR Code Reader, and an iPhone user can download the Quick **Scan** app. Both are free. The FLC QR Code allows you to donate to the FLC on your phone.

